

North Carolina State Health Plan

for Teachers and State Employees

www.shpnc.org

Monthly Contribution Rates for Twelve-Month Employees/Retirees for Benefit Year 2009-2010

Effective July 1, 2009

Coverage Types	EMPLOYEE / RETIREE MONTHLY CONTRIBUTION RATES		
	Basic Plan 70/30	Standard Plan 80/20	State Monthly Contribution
Non-Medicare Active Employee / Retiree			
Employee / Retiree	\$ –	\$ –	\$ 377.22
Employee / Retiree + Child(ren)	\$ 164.08	\$ 218.20	\$ 377.22
Employee / Retiree + Spouse	\$ 422.74	\$ 502.74	\$ 377.22
Employee / Retiree + Family	\$ 450.26	\$ 533.00	\$ 377.22
Medicare Primary for Only Employee / Retiree			
Employee / Retiree	\$ –	\$ –	\$ 287.20
Employee / Retiree + Child(ren)	\$ 172.26	\$ 218.20	\$ 287.20
Employee / Retiree + Spouse	\$ 430.92	\$ 502.74	\$ 287.20
Employee / Retiree + Family	\$ 458.46	\$ 533.00	\$ 287.20
Medicare Primary for Only Dependent(s)			
Employee / Retiree	\$ –	\$ –	\$ 377.22
Employee / Retiree + Child(ren)	\$ 116.72	\$ 166.10	\$ 377.22
Employee / Retiree + Spouse	\$ 306.92	\$ 375.32	\$ 377.22
Employee / Retiree + Family	\$ 334.44	\$ 405.60	\$ 377.22
Medicare Primary for Both Employee / Retiree and Dependent(s)			
Employee / Retiree	\$ –	\$ –	\$ 287.20
Employee / Retiree + Child(ren)	\$ 124.92	\$ 166.10	\$ 287.20
Employee / Retiree + Spouse	\$ 315.10	\$ 375.32	\$ 287.20
Employee / Retiree + Family	\$ 342.62	\$ 405.60	\$ 287.20

Notes:

- 1) If your employment contract is for less than 12 months, contact your Health Benefits Representative or benefits office for monthly rates.
- 2) If you are actively employed and you or your dependent(s) are Medicare eligible, the State Health Plan is the primary insurer and the Non-Medicare rates apply. An exception to this would be if you or your dependent(s) are Medicare eligible due to end stage renal disease (ESRD).